

MENU 20.03. - 24.03.2023

	KITCHEN	HOME	VEGGIE	MARKET 100G
MONDAY	RISOTTO WITH CEPES White wine - Risotto with cepes - cream sauce and rocket Colored leaf salad (V) EXT 17.50 INT 15.50	PORK SAUSAGE WITH HERBS with red wine sauce, Spiralen (pasta) and Mediterranean vegetables Soup or jus EXT 14.50 INT 10.50	GNOCCHI BOWL with Béchamel sauce, vegetables and herbs Soup or jus and menu salad (V) EXT 14.50 INT 10.50	HOW ABOUT ... Valais pork escalope, Gersotto, Fennel with dill, glazed Brussels sprouts Pacific dab fillet with white wine sauce Pasta, 2 different sauce EXT 3.70 INT 3.20
TUESDAY	CRÊPERIA Crêpe (pancake) with minced beef, Feta (cheese) and fresh herbs Coloured leaf salad Sweet variant according to the daily offer CHF 8.50 EXT 16.50 INT 14.50	CHICKEN LEG HOT & SMOKEY with BBQ sauce, herb - rice and green beans Soup or jus EXT 14.50 INT 10.50	VEGI PIZZA BUFFET Margeritha, Diavolo, spinach and mushroom per 1/4 piece EXT 3.90 / INT 3.40 (V) EXT 14.50 INT 10.50	HOW ABOUT ... Turkey escalope with herb butter, French fried potatoes, Baked tomatoe, Broccoli with almonds Alaska young cod loin Pasta, 2 different sauce EXT 3.70 INT 3.20
WEDNESDAY	CRÊPERIA Crêpe (pancake) with salmon, Crème Fraîche and fresh herbs Coloured leaf salad Sweet variant according to the daily offer CHF 8.50 EXT 16.50 INT 14.50	TURKEY WIENER with french fried potatoes Leaf salad Soup or jus By request one dessert of the day + CHF 2.90 EXT 14.50 INT 10.50	PENNE "AURORA" with tomato - cream sauce, herbs and cheese Soup or jus and menu salad By request one dessert of the day + CHF 2.90 (V) EXT 14.50 INT 10.50	HOW ABOUT ... Boiled beef with horseradish sauce, Boiled potatoes, Sauerkraut, glazed carrots Colin fillet, Pasta, 2 different sauce EXT 3.70 INT 3.20
THURSDAY	CRÊPERIA Crêpe (pancake) with mushroom ragout, egg and cheese Coloured leaf salad Sweet variant according to the daily offer CHF 8.50 (V) EXT 16.50 INT 14.50	BERNECKER MEAT ROLL with vegetable - red wine sauce, mashed potatoes and broccoli Soup or jus EXT 14.50 INT 10.50	FRUIT - LENTIL CURRY with coconutmilk and Jasmin - rice Soup or jus and menu salad (V) EXT 14.50 INT 10.50	HOW ABOUT ... Beef ball or with vegan balls and herb - cream sauce Ebly - Wheat, Cauliflower with egg, Salsify with turmeric, Mahi Mahi, Pasta, 2 different sauce EXT 3.70 INT 3.20
FRIDAY	— —	ALASKA POLLOCK FILLET with parsley - potatoes and cream spinach Soup or jus EXT 14.50 INT 10.50	CAKE TIME Cheese - and Cheeseonion cake Piece EXT 5.60 / INT 5.10 (V)	HOW ABOUT ... Quorn - pepper ragout with rocket Pasta, 2 different sauce EXT 3.70 INT 3.20

OPENING HOURS:

Montag - Freitag 08.00 - 14.00 Uhr
 Servicezeiten 11.15 - 13.15 Uhr
 pauli.weber@sv-group.ch
 optikhus@sv-group.ch
 optik-hus.sv-Restaurant.ch

Restaurant Optik-Hus
 Dachertstrasse, 9435 Heerbrugg, Prices in CHF incl. VAT